

**NOTE: Effective Fall '12, Emphasis in Physical Education suspended. Effective Fall '14 new AS-T Exercise Science Specialist Emphasis**

<b>EXERCISE &amp; NUTRITIONAL SCIENCES B.S. IN APPLIED ARTS &amp; SCIENCES</b>						
<b>SDSU Course</b>	<b>SDSU Course Title</b>	<b>Grossmont Course</b>	<b>Athletic Training*</b>	<b>Exercise Sci. Generalist ***</b>	<b>Fitness Specialist</b>	<b>Pre-physical Therapy</b>
BIOL 100/L	General Biology and Lab	BIO 120			X	
BIOL 203/203L	Principles of Cell and Molecular Biology	BIO 230	X			X
BIOL 211/211L	Fundamentals of Microbiology	BIO 152				X
BIOL 212	Human Anatomy	BIO 140 or BIO 144 & 145	X	BIO 140	X	X
BIOL 261	Human Physiology and Laboratory	BIO 141 & 141L		BIO 141 & 141L		
CHEM 100	Introduction to General Chemistry and Lab	CHEM 115 or 120			X	
CHEM 102	Introduction to General, Organic, and Biological Chemistry with	CHEM 102		A		
CHEM 200	General Chemistry	CHEM 141	X	A		X
CHEM 201	General Chemistry	CHEM 142				X
COMM 103	Oral Communication	COMM 122			X	X
ENS 200	Introduction to Exercise and Nutritional Sciences	ES 250	X	X	X	X
ENS 265	Care and Prevention of Athletic and Recreational Injuries	ES 255	X		X	X
ENS 265/L	Care and Prevention of Athletic and Recreational Injuries Laboratory	ES 255	X			
GERO 101	Introduction to Human Aging	FS 129			X	
NUTR 201	Fundamentals of Nutrition	HED 255	X		X	X
PHYS 180A&B/182A&B	Fundamentals of Physics & Physical Measurements I & II	PHYC 130 &131				X
PSY 101	Introductory Psychology	PSY 120	X		X	X
PSY 260	Introduction to Physiological Psychology	PSY 140	X			
BIO 215 or ECON 201 or PSY 280 or SOC 201 or STAT 119	Statistics	ANTH 215 or BIO 215 or ECON 215 or MATH 160 or PSY 215 or SOC 215	X	Math 160	X	X
SOC 101	Introductory Sociology: The Study of Society	SOC 120	X		X	X

\*\*\*The Exercise Science Generalist AS-T is pending state approval. Students cannot declare this major until state approval is granted.

\*See SDSU catalog for additional application process/forms.

A=Choose one course \*\*\*Requires 3 ES activity courses

**Impacted Major:** See current SDSU catalog for additional information and specific information for your area of emphasis.

**Contacts:** Telephone: (619) 594-5161

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